



Behavioral Health Network
of

Florida

PLAN TO JOIN US!

Quarterly Networking and 3 CEU Event

Friday August 24, 2018

Relapse Prevention: Fostering Resilience

By KJ Foster, LMHC, CAP, ACRPS
Executive Director

The Center for Sobriety, Spirituality & Healing

The Fostering Resilience Relapse Prevention program is an integrative outpatient group model incorporating key components of three existing RP models (Relapse Prevention Theory, Mindfulness-Based Relapse Prevention and Shame Resilience Theory) to create a singular and powerful RP model.



Karrol-Jo (KJ) Foster serves as the Executive Director at The Center for Sobriety, Spirituality & Healing. She is a Licensed Mental Health Counselor, Certified Addiction Professional, Advanced Certified Relapse Prevention Specialist, and Researcher. KJ is also a Doctoral Candidate at Florida Atlantic University currently researching the impact of shame on relapse risk and addiction recovery.

Thursday August 23, 2018

- 5:30pm: Board Meeting
DoubleTree Suites Melbourne Oceanfront
- 6:30pm: Networking Dinner
Hotel Lobby

Friday August 24, 2018

- 8:30am: Registration
- 9:00am - Noon: 3hr/3CEU Presentation

Location

Double Tree Suites Hilton
1665 Highway A1A
Indialantic, FL 32903
321-723-4222
Rate for 8/23: \$121 *until 8/3*



Register at eap-florida.net - Cost \$30