



Behavioral Health Network  
of

**Florida**

## PLAN TO JOIN US!

# Quarterly Networking and 3 CEU Event

## Friday January 18, 2019

### *Treatment Interventions for Mental Health and Substance Use Disorders*

By Pamela Hand, LCSW, CAP, CTT, ICADC

Chief Executive Officer Director of Program and Clinical Services at Recovery Solutions

Pamela will demonstrate the practical application of basic required assignments for successful completion of treatment participants use at her center. She will utilize CBT Techniques, Narrative Therapy, and Experiential Therapy, while providing examples of the assignments.

Participants will be led in creating their own Expressive Therapy piece of work. The workshop discussion focuses on presenting these tools to patients, assisting patients with working through resistance, and how these interventions build insight and coping skills that unlock resiliency.



Practicing in the field of substance abuse and mental health for over 26 years, Pamela specializes in the treatment of Co-occurring Diagnoses, Trauma Therapy, and Family Systems. She focuses on both the needs of the client, as well as the family, by providing information, education, support, and guidance. Pamela's strength lies in her ability to foster an environment that promotes healing, understanding, and growth for staff and clients alike.

#### **Thursday January 17, 2019**

- Golf (*weather permitting*) Time TBD  
*contact Joe Bryan for more info: 561-573-5334*
- 5:30pm: Board Meeting  
*DoubleTree Suites Melbourne Oceanfront*
- 6:30pm: Networking Dinner  
*Hotel Lobby*

#### **Friday January 18, 2019**

- 8:30am: Registration
- 9:00am - Noon: 3hr/3CEU Presentation

#### **Location**

**Double Tree Suites Hilton**  
1665 Highway A1A  
Indialantic, FL 32903  
321-723-4222  
Rate for 1/17: \$129  
(*good until 12/28*)



**Register at [eap-florida.net](http://eap-florida.net) - Cost \$30**